

4. Focus on the relationship

Relationship is everything! Talk to your child and take the time to really listen. Young people have a much easier time working with you when they know you really care. It's important to be seen as supportive but not punitive. Ask them what's going on and problem-solve about how you could help.



5. Be reflective

Ask yourself, is there anything you could be doing that might be triggering the student to refuse to work? For example, are you using a harsh or critical tone? Did you embarrass them in front of their peers? Are you setting realistic expectations or asking too much?

